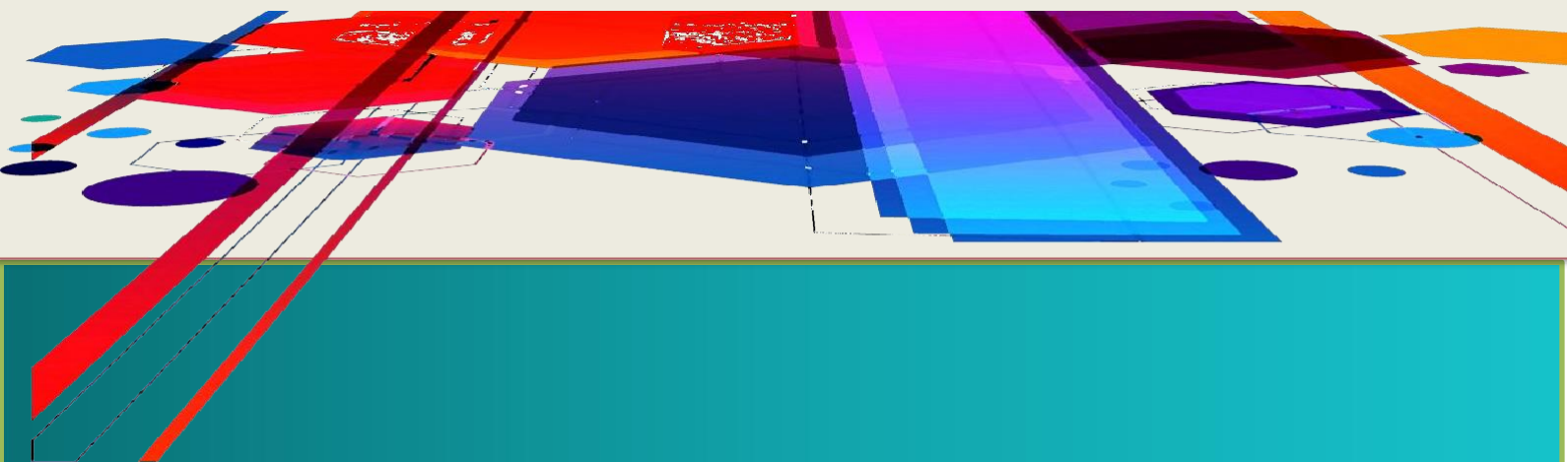


# 1-st INTERNATIONAL CONFERENCE

Department of Healthcare & Scientific Research Centre for Public Health



THE SILENT EPIDEMIC OF NON-COMMUNICABLE  
DISEASES: INNOVATIVE AND MULTIDISCIPLINARY  
APPROACHES FOR  
PREVENTION s MANAGEMENT

1-st INTERCON-SE-NCDs-I-MAP



3 May 2025



Auditorium Ali Asllani  
University of Vlora "Ismail Qemali"  
Vlora, Albania



# Invitation

Dear participants,

The 1<sup>st</sup> International Conference, “The Silent Epidemic of Non-Communicable Diseases: Innovative & Multidisciplinary Approaches for Prevention & Management” (1st INTERCON-SE-NCDs-I-MAP), a collaboration between the Department of Healthcare and the Scientific Research Centre for Public Health (SRC4PH), Faculty of Health, University of Vlore “Ismail Qemali,” will be held on May 3, 2025, in the beautiful city of Vlore, Albania.

You're invited to join us for an important and timely conference addressing one of our time's greatest public health challenges: the silent epidemic of non-communicable diseases (NCDs). NCDs—such as cardiovascular diseases, diabetes, cancer, chronic respiratory diseases, and mental disorders—are the leading causes of death and disability worldwide. In Albania, they account for 85% of the total disease burden and 94% of proportional mortality. Despite these alarming figures, the link between NCDs and their risk factors—such as sedentary lifestyles, unhealthy diets, tobacco and alcohol use, and socioeconomic conditions—often remains overlooked.

This conference is a call to action. Our goal is to raise awareness, foster interdisciplinary dialogue, and drive innovative solutions for preventing and managing NCDs.

Experts from various fields will come together to share research, discuss effective strategies, and explore policy interventions that can make a real impact—especially for vulnerable populations.

The 1st INTERCON-SE-NCDs-I-MAP will be organized on the International Week of Nurses and Midwives to raise awareness of the vital role that nurses and midwives play in the healthcare system. Their contributions are essential in preventing and managing non-communicable diseases (NCDs) and in shaping models of care that adapt to the dynamic and evolving health needs of the population.

We invite you to be part of this vital conversation with multidisciplinary approach. Whether you are a researcher, academic, healthcare professional, policymaker, or advocate, your voice and expertise are essential in shaping the future of public health and healthcare at national and international level.

**Let's work together to change the course of this silent epidemic!**

📅 3 May 2025

📍 Auditorium Ali Asllani

<sup>3</sup> You can find more info in the following link <https://src4ph.univlora.edu.al/>

**We look forward to seeing you there!**



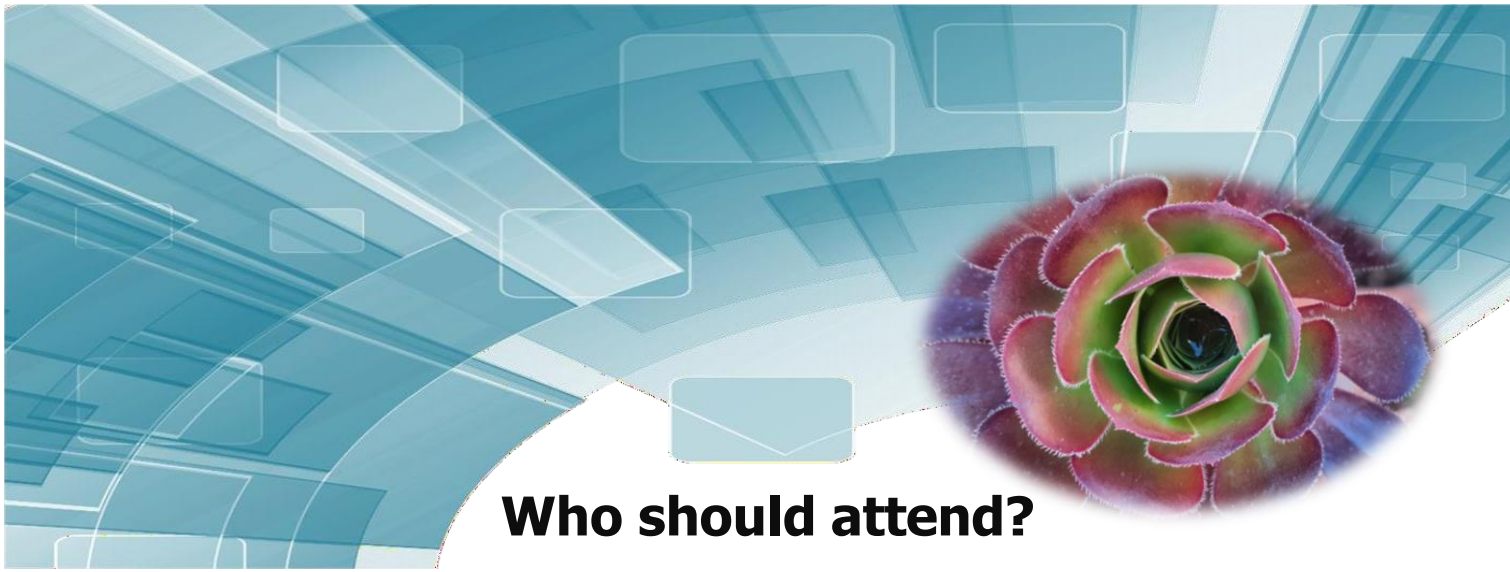
## About the Event

The 1st INTERCON-SE-NCDs-I-MAP targets to a unified approach to strengthening healthcare by bringing together experts from various disciplines to foster interdisciplinary dialogue, share experiences, and discuss policies that can transform healthcare systems and combat the growing burden of NCDs. By recognizing and strengthening the role of all health professionals, the conference intends to bridge the gap between science, practice, and decision-making, ensuring a more holistic and effective response to this global health challenge. The contribution of each member of the healthcare team and relevant stakeholders is not just vital to patient care but also instrumental in shaping a future where NCDs are better prevented, managed, and controlled.

Non-communicable diseases (NCDs) such as cardiovascular diseases, diabetes, chronic respiratory diseases, and cancer have emerged as a silent epidemic, affecting millions worldwide and placing an immense burden on healthcare systems. Addressing these challenges requires a collaborative, interdisciplinary approach that integrates scientific research, technological advancements, policy initiatives, and hands-on clinical practice. The 1st INTERCON-SE-NCDs-I-MAP aims to raise awareness about the epidemiology of NCDs, promote a multidisciplinary approach to prevention and management, and encourage the development of effective and sustainable policies to address this silent epidemic.

The objective of this international conference is to bring together experts from various fields on a common platform to provide a comprehensive and integrated approach to the prevention and control of NCDs. The focus is on fostering interdisciplinary dialogue to share experiences, present innovative research, and discuss policies and strategies that can change the course of this silent epidemic. In particular, it aims to identify key challenges and priorities in addressing NCDs among vulnerable populations. From scientific analyses and technological developments to education and policymaking, we strive to strengthen the connections between science, practice, and decision-making.

Taking place during the International Week of Nurses and Midwives, the 1st INTERCON-SE-NCDs-I-MA will emphasize their pivotal role in NCD prevention and management. They contribute to the fight against NCDs in multiple ways, ranging from patient education and community outreach to policy advocacy and research. Their role is essential in addressing key challenges, particularly among vulnerable populations, where access to healthcare is often limited. Through collaboration, innovation, and advocacy, nurses and midwives stand at the heart of healthcare transformation, making a lasting impact on individual and public health.



## Who should attend?

The 1st INTERCON-SE-NCDs-I-MAP aims to raise awareness of Non-Communicable Diseases (NCDs), promote a multidisciplinary approach for their prevention and management, and support the development of effective and sustainable policies to address this growing health challenge.

### Key Objectives:

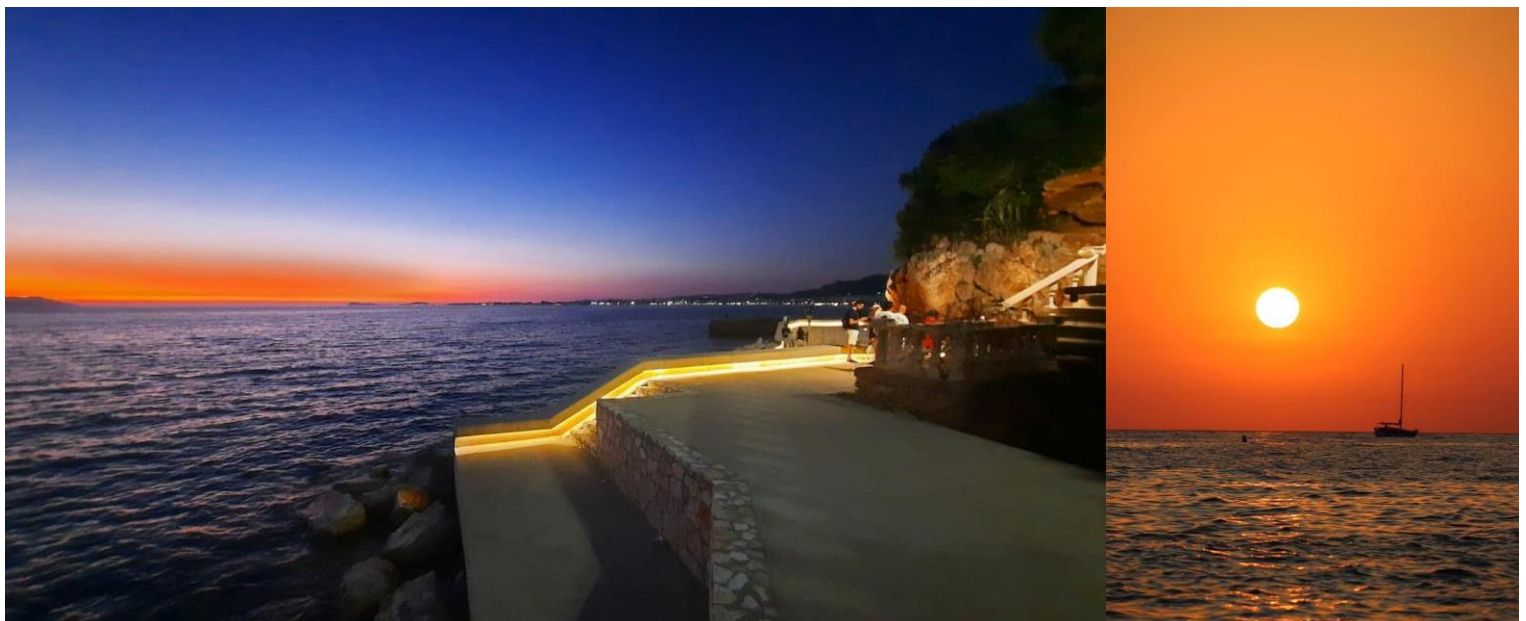
- Bring together experts from various fields to discuss integrated strategies for NCD prevention and control.
- Facilitate knowledge exchange, innovative research presentations, and policy discussions.
- Identify key challenges and priorities, particularly in addressing NCDs in vulnerable populations.

### Who Should Attend?

- Healthcare professionals and researchers
- Policymakers and public health institutions
- Academics and students in health sciences
- Representatives from NGOs and the private sector

### Why Attend?

- Stay informed – Learn about the latest research, strategies, and innovations in NCD management.
- Expand your network – Connect with professionals, researchers, and decision-makers from various sectors.
- Contribute to policy and practice – Engage in discussions to shape effective and



# Scientific Sessions & Open Panel Discussion

✚ **Addressing NCDs as a Global and National Priority**

✚ **Risk Factors and Prevention of NCDs**

✚ **Innovative Approaches in NCDs Management and New Care Models**

✚ **The Role of Health Policies in NCDs Control**

✚ **Public Education and Awareness on NCDs**

✚ **Stakeholder Mapping and the Interdisciplinary Approach in Addressing NCDs**

✚ **NCDs and Healthcare Curricula: Updates and Future Trends**

✚ **Empowering Individuals: Self-Care & Self-Management Practices in NCDs**

## **Special Session:**

Open Panel Discussion in the Framework of the International Week of Nurses and Midwives and Award



# Key Organizers

## 1st INTERCON-SE-NCDs-I-MAP

### Department of Healthcare

The mission of the Department of Healthcare at the Faculty of Public Health, 'Ismail Qemali' University of Vlora, is to train healthcare professionals at all academic levels, equipping them with the necessary skills to adapt to the labor market, both domestically and internationally.

#### Its objectives are:

- To create, transmit, develop, and protect knowledge through teaching, scientific research, and community services.
- To train highly qualified specialists in the field of healthcare who are adaptable to the labor market in Albania and other Western countries.
- To provide opportunities for lifelong learning (continuous education).
- To contribute to community health through health promotion programs and activities.
- To support social development at both regional and national levels.
- To integrate teaching with scientific research.

#### Department of Healthcare offers two-degree study programs:

- BSc in Midwifery
- Master Professional in Pediatric Nursing

### Scientific Research Centre for Public Health

**SRC4ph** <https://src4ph.univlora.edu.al/>

The Scientific Research Center for Public Health (SRC4ph) is one of the core units of the Faculty of Health. Its structure includes a full-time academic staff engaged in teaching and scientific research, research specialists, and academic support personnel, including laboratory assistants. SRC4ph supports all study programs offered by the Faculty of Health, including:

■ First-cycle programs: General Nursing, Midwifery Nursing

■ Second-cycle programs: Professional Master's in Surgery, Pathology, Pediatrics, and Scientific Master's in Nursing Sciences

#### Key Objectives:

- Managing projects and research in the field of public health and healthcare
- Facilitating the transfer, modernization, and innovation of healthcare technologies
- Conducting studies on public health and analyzing the impact of various determinants of population health
- Proposing interventions and health policies based on scientific evidence

#### Collaboration & Accessibility:

SRC4ph functions as a coordinating structure for research projects within the faculty and other basic academic units, collaborating with national and international institutions and organizations through bilateral and multilateral agreements. The center provides free, unlimited access to high-quality scientific articles for academics, researchers, students, healthcare professionals, and anyone interested in up-to-date healthcare knowledge.

#### A Hub for Inspiration & Innovation

SRC4ph is a space where both staff and students find motivation and inspiration for the future of healthcare

# Venue

**Universiteti "Ismail Qemali"**  
**Skelë, Rruga Kosova, Vlorë 9401 Vlorë, Albania**

## Contact Us:

### Conference Coordinators:

Prof. Assoc. Rezarta Lalo  
[rezarta.petani@univlora.edu.al](mailto:rezarta.petani@univlora.edu.al)

Prof. Assoc. Fatjona Kamberi  
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## Organizing committee

### Department of Healthcare

Rezarta Lalo  
(co- coordinator)

Emirjona Kiçaj

Rudina Çerçizaj

Saemira Durmishi

Erlini Kokalla

Stiliana Brokaj

Erda Hodaj

### Scientific Research Centre for Public Health

Fatjona Kamberi  
(co-coordinator)

Jerina Jaho

Glodiana Sinanaj

Irimi Rapushi

Brunilda Subashi

Enkeleda Mahilaj

Florida Ymeraj

# Important Dates

Conference Date	3 May 2025
Abstract Submission Opens	March 14, 2025
Registration Opens for Passive Participation	May 1, 2025
Abstract Submission Deadline	April 10, 2025
Final Registration	May 3, 2025

## Important Links

### For Abstract Submission:

[rezarta.petani@univlora.edu.al](mailto:rezarta.petani@univlora.edu.al)

[src4ph@univlora.edu.al](mailto:src4ph@univlora.edu.al)

[fatjona.kamberi@univlora.edu.al](mailto:fatjona.kamberi@univlora.edu.al)

### For Registration:

[enkeledamahilaj@gmail.com](mailto:enkeledamahilaj@gmail.com)

### Venue:

<https://univlora.edu.al/>

<https://goo.gl/maps/LVexoReMDqhidWZq9>





# Abstract Submission Guidelines

## Submission Types:

### Oral Sessions

These face-to-face live sessions are approximately 20 minutes followed by a Q&A.

### E-Poster Sessions

E-Posters will be displayed in digital format and presented in real time and space, with a question period during the conference breaks.

### **Overview:**

- 1st INTERCON-SE-NCDs-I-MAP Conference 2025 will be an in-person conference; authors must attend and present at the conference in-person.
- Papers may have multiple authors; at least one author must register for and attend the conference.
- The submitting author should input all author details and upload their abstract.
- The corresponding author's email will be the contact person.
- All abstracts must be submitted in English and Albanian.
- All abstracts will be double-blind reviewed for the quality of their educational/theoretical/research content, their adherence to submission guidelines, and their link to the conference theme.
- Submissions should use 12 pt font and follow the Oral and E-poster presentation abstract Guidelines.

### **All submitted abstracts should:**

- Be written in English and Albanian
- Use a word count of **350 words** or less (excluding title and key words)
- Include a title of **12 words maximum**.
- Include **five key words**.
- Indicate clearly whether submission is **for parallel sessions or workshop** tracks.

### **Use the following headings:**

- Introduction including Purpose
- Methods
- Results/ Findings
- Conclusions and Implications

# Registration Fee for active and passive participation:

Registration Fee (Per Person) Academia Registration Fee: free

Student Registration Fee: free

Medical Professionals (doctors, nurses, dentists, pharmacists, physiotherapists, and lab technicians) Registration Fee: free

Passive Registration Fee: free

Registration fee for active participation Includes:

- One Presenter/Listener Slot
- Participation Certificate
- Access to conference sessions and panel discussion
- Conference Kit
- Access to all the conference rooms
- Abstract Book
- Lunch and coffee break during the conference

Registration fee for passive participation Includes:

- One Presenter/Listener Slot
- Participation Certificate
- Access to conference sessions and panel discussion
- Access to all the conference rooms
- Lunch and coffee break during the conference

The conference will be accredited by ASCK. <https://asck.gov.al/>

**\*The book of abstracts will be assigned an ISBN and will be available as open access online.**

# About Vlore Albania

Albania, a country on the Balkan Peninsula in southeastern Europe with a coastline at the Adriatic and the Ionian Sea in west (both portions of the Mediterranean Sea). It is bordered by Montenegro in north, Serbia (Kosovo) in north east, the Republic of North Macedonia in east, and Greece in south east. Albania shares also maritime borders with Croatia and Italy.

With an area of 28,748 km<sup>2</sup> has a population of 2.8 million people (in 2015). Capital and largest city is Tirana. Spoken languages are Albanian (official), English, Italian and Greek.

Albania is a land of great natural beauty and romantic remoteness, all to be discovered. Places of interest: Korça, Pogradeci, Berat, Durres, Kruja, Gjirokastra, Saranda, Shkodra, Tirana, and Vlorë. UNESCO World Heritage Sites in Albania are Butrint and the Historic Centers of Berat and Gjirokastra. <https://www.nationsonline.org/index.html>

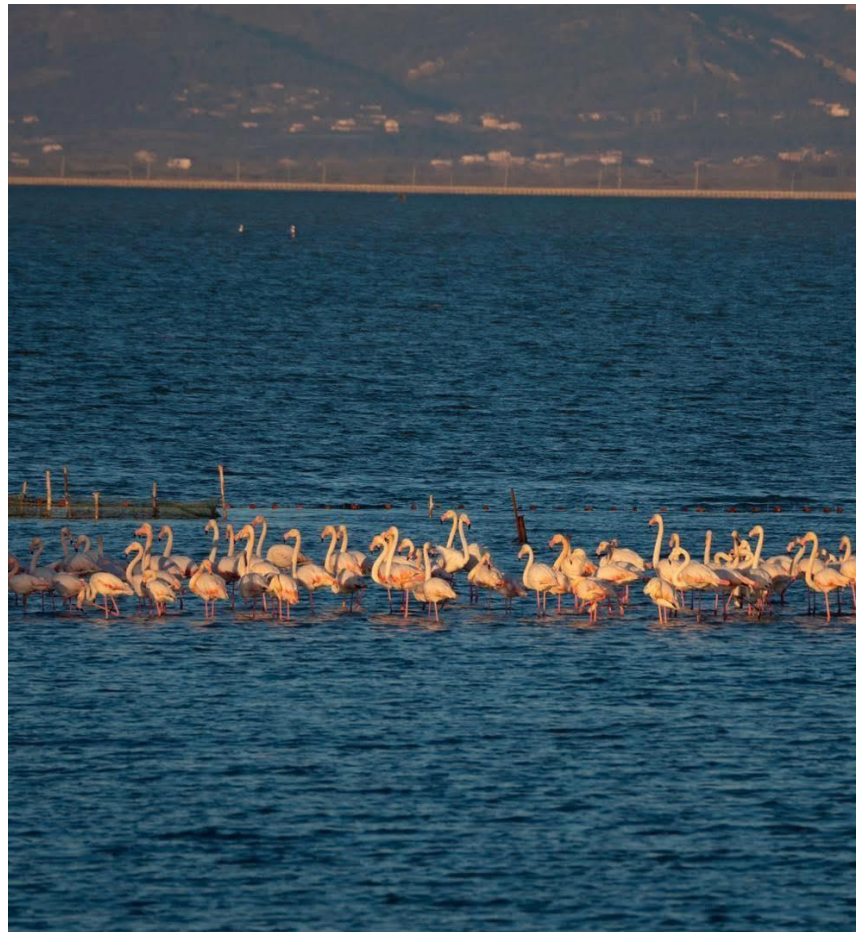
## Interesting Facts about Vlorë:

Vlorë is the third-most populous city of the Republic of Albania and the seat of Vlorë County and Vlorë Municipality. Located in southwestern Albania, Vlorë sprawls on the Bay of Vlorë and is surrounded by the foothills of the Ceraunian Mountains along the Albanian Adriatic and Ionian Sea Coasts. Vlorë was founded as Aulon and is one of the most significant cities in southern Albania and the region of Labëria which is traditionally noted for its culture, traditions, and folklore.

Vlorë is home to the second-largest university in Albania. The University of Vlorë was founded in 1994 as a technological university. It retains a focus on technology but has expanded into the areas of economics and finance, education, medicine, and law.

Vlorë is home to many cultural and historical sites that also relate to the founding of Albania. The Monument of Independence is located on the Flag's Square and commemorates Albanian independence from the Ottoman Empire. The Museum of Independence is housed in a 19th-century building where the founding fathers of Albania signed the Declaration of Independence. Its balcony is considered a symbol of freedom, victory, and the resilience of the Albanians to prevent the occupation of their motherland. Among the most outstanding religious sites in Vlorë is the Muradie Mosque, built in the 16th century.

Notable cultural sites in Vlorë Municipality include the Castle of Kaninë, Church of Marmiroj, Island of Sazan, Island of Zvërnec, Lagoon of Narta, as well as the archaeological sites of Amantia and Oricum. Vlorë is also famous for its magnificent mountain scenery and turquoise waters of an incredible deep color that offer a fun and comfortable way to enjoy the sun and your vacations.



**SAVE THE DATE**

**3 MAY 2025**

## **1st INTERCON-SE-NCDs-I-MAP**

**Let's work together to change the course of  
this silent epidemic!**

We are excited to meet you in Vlore  
Albania.

Let's create unforgettable moments you  
never want to lose.

