Academic program: **Bachelor in Nursing**

 Academic year 2022-2023 (Fall 2022)

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| Module: “BASES OF OBSTETRICS NURSING” |
| Module’s Titular: Prof/ assoc Aurela SaliajModule’s lecturer: Dr Rezarta Lalo |
| Module’s code | ECTS | Classrooms (hours) | Individual study (hours) | Total |
| Lecture | Seminar | Labs  | Clinic practices |
| INF 241 | 8 | 45 | 0 | 0 | 60 | 94 | 200 |
| **Year/semester**  | Year I, Semester I (Fall 2022) |
| **Module’s lecturer** | PhD Rezarta Lalo |
| **Core / Optional** | Obliged |
| **Email:** | rezarta.petani@univlora.edu.al |
| **Module’s description** | This course studies the phenomena and clinical manifestations in the reproductive organs in women in normal and pathological conditions. It aims to prepare the students to realize obstetrical procedures during the labor process, the treatment of medical complications of pregnancy and gynecologic diseases |
| **Module’s objectives** |  Knowing the physiology, endocrinology of pregnancy and prenatal diagnosis. Evaluation of activity and normal delivery, tasks and applied methods. Knowing with complications of pregnancy, the labor and delivery management strategies. |
| **Learning outcomes** | * At the end of the course students will be able:
* To diagnose the pregnancy and to care for pregnant woman.
* Have knowledges for physiology and endocrinology of pregnancy.
* To apply strategies of management of labor and delivery .
* To treat the complications of pregnancy, labor and some gynecologic deseases.
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| **Student’s knowledge evaluation methods** | *Evaluation method* | *Evaluation deadline* | *Evaluation program* | *Maximal scores* | *Evaluation type* | *Evaluation form’s elements* |
| First exam | Week 7/8 | Lectures 2-18 | *30 scores* | Written exam | Quiz & Descriptive questions |
| Final exam | The end of semester | Lectures 19-45 | 60 *scores* | Written exam | Quiz & Descriptive questions |
| Assignment\*  | Week 14/15 | Clinical cases | 10 *scores* | Oral exam | Case report / demonstration of nursing techniques  |
| *\*Assignment* - should be in the form of a project that will be launched at the beginning of the semester. The most common cases of potential complications of pregnancy, labor and delivery, the health assistance encountered in practice, should be presented by students, by comparing the literature’s descriptions of them. They will also demonstrate the procedure of delivery in manikin and will describe each case of fetus delivery who assisted in practice, based on a given template. Part of the work will be presented during classroom hours.  |
| Grade distribution guidance |
| 40- 49 *scores* | 50-59 *scores* | 60-69 *scores* | 70-79 *scores* | 80-89 *scores* | 90-100 *scores* |
| 5 | 6 | 7 | 8 | 9 | 10 |
| **MODULE’S WEEKLY SCHEDULE**  |
| **Week** | **Lectures program** | **Reference literature** | **Teaching activities** |
| **1** |  Introduction in obstetrics. The presentation of the program. Genital cycle Placenta, the structure, its physiology Clinical Practice in Maternity. | (1) *pg.9*(1) *pg19-24*(1) *pg25-29* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **2** |  Mother’s physiological changes in pregnancy Endocrinology of pregnancy. Pregnancy, definitions, diagnosis Clinical Practice in Maternity | (1) *pg.30-40*(1) *pg.43-49*(1) *pg.53-59* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **3** | Prenatal control. Health and obstetric history. Physical examination.The female pelvis, pelvis-genital canal, pelvic examinationThe fetus, its dimensions, signs of fetal maturity.Clinical Practice in Maternity | (1)*pg.60-72*(1) *pg.75-79*(1)*pg.80-83* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **4** | The causes of labor. Character of uterine contractions.Stages of labor. Management of first stage.Stages of labor. Management of second stage. The induction of labor.Clinical Practice in Maternity | (1)*fq.86-91*(1)*fq.92-99*(1)*fq.99-104* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **5** | Normal labor in the occiput presentation.Fetal monitoring. Pathophysiology of fetal hypoxia.Third stage of labor. Sign of placental separation.Clinical Practice in Maternity | (1)*pg.105-108*(1)  pg*124-126*(1) *pg.127-133* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **6** | The normal and pathological puerperium, clinical aspects. Puerperal infections.Dystonic births.Anomalies of cephalic presentation.Clinical Practice in Maternity | (1)*pg.134-145*(1)*pg.149-155*(1) *pg.156-162* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **7** | Complications of labor and delivery activity.Third stage of labor. Lacerations of the birth canal. EpisiotomyOperative obstetric: Cesarean birth.Clinical Practice in Maternity | (1) *pg 163-170*(1) *pg.173-177*(1) *pg.182-184* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **8** | Premature laborPostdates pregnancy. Multiple pregnancy Clinical Practice in Maternity | (1) *pg 187-191*(1) *pg.192-194*(1) *pg.195-201* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **9** | AbortionsGestational trophoblastic disease. Hydatidiform Mole.Ectopic pregnancy.Clinical Practice in Maternity | (1) *pg.205-214*(1) *pg.215-218*(1) *pg.219-223* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **10** | Placenta previa .Abruption placentae. Ruptured uterus.Clinical Practice in Maternity | (1) *pg.229-232*(1) *pg.224-228*(1) *pg 233-236* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **11** | Postpartum hemorrhage . Hemorrhagic shockComplications of pregnancy: Early toxicosis of pregnancy.Anemias of pregnancy.Clinical Practice in Maternity | (1) *pg 237-252*(1) *pg 255-257*(1) *pg.261-265* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **12** | Hypertensive disease of pregnancyUrinary tract infections during pregnancy.Amniotic liquid pathologies.Clinical Practice in Maternity | (1) *pg.389-395*(1) *pg 327-329*(1) *pg 271-273* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **13** | Varicous veins and hemorrhoids in pregnancy Gestational diabetesAmenorrhea.Clinical Practice in Maternity | (1) *pg.274-275*(1) *pg.266-270*(1) *pg.288-293* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **14** | Sexually transmitted diseases.Sexually transmitted diseases.Dysfunctional uterine bleedingClinical Practice in Maternity | (1) *pg 294-301*(1) *pg 302-308*(1) *pg 308-322* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **15** | Prolapse of the uterus Cervical cancer Pelvic inflammatory disease .Menopause Clinical Practice in Maternity | (1) *pg 331-338*(1) *pg 336-338*(1) *pg.356-363* | Lecture 1 hourLecture 1 hourLecture 1 hourPractice 4 hours |
| **Obligatory textbook** | (1) Basics of Obstetrics for Nursing. R. Lalo, 2017 (Faculty of Health - UV) ISBN: 978-9928-153-61-6. |
| **Recommended literature** | Textbook of Obstetrics and Gynecological Nursing. Sandeep Kaur (Author). Publisher ‏ : ‎ CBS Publishers & Distributors Pvt. Ltd. (1 January 2022). ISBN-13 ‏ : ‎ 978-9390619481Oxford Textbook of Obstetrics and Gynaecology. Sabaratnam Arulkumaran, William Ledger, Lynette Denny, Stergios Doumouchtsis. Publisher ‏ : ‎ Oxford University Press (March 23, 2020). ISBN-13 ‏ : ‎ 978-0198766360.Beckmann and Ling's Obstetrics and Gynecology. M.D. Casanova, Rober, M.D. Chuang, Alice, M.D. Goepfert, Alice R., M.D. Hueppchen, Nancy A. Publisher ‏ : ‎ Lippincott Williams & Wilkins; 8th edition (3 May 2018). ISBN-13 ‏ : ‎ 978-1496353092 |

**ETHICAL CODE**

**Preparation and participation in the course (lectures or practice)**

The key to a successful education is the participation and preparation. An active participation in classroom is required. Lecture hours are required 75%. Hours of practice are required 100%, in case of justified absences will be replaced in agreed schedule with the teacher. All students must appear in ward’s practice in the prescheduled hour and with nurse’s formal uniform, and gathered hair together (respecting the nurse’s dress ethical code).

Absents are allowed up to 25% of class hours, unless they are justified. Otherwise the student’s entry in exams is not permitted. The absents are the personal responsibility of the student, as well as tasks or tests missed.

**Provisions:**

Students are expected to develop values ​​and ethics that demonstrate their interest in professional perspective. These expectations are related to the presence in the classrooms, the responsibility during the process of teaching, test preparation’s commitment, in their honesty and social justice issues. Students should respect individual differences, be cooperative, appreciate the skills and qualities of themselves and others, and welcome different forms of choices and expressions. In accordance with ethical rules, students must respect ethnic differences and help with integration attitudes of supporting people with disabilities.

**Delays:**

Delays in lectures and seminars will not be tolerated. After the lecturer enters into the classroom, students are not allowed to enter.

**Academic integrity and copyright**

Each assignment or written work must be entirely individual and original. This means that students should generate their own concepts/views on the basis of original analyses or supported information. There will be no plagiarism or stealing of information in any way.

**APPROVED BY**

**Head of Nursing Departament**

**Dr.Majlinda Zahaj**